

# Pleasanton Public Schools

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Pleasanton, NE 68866  
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*Nathan Lightle- Superintendent*

*Ricci Westland-Principal*

*Beth Wilke-Counselor*

## **Pleasanton Public School 5th and 6th Human Growth and Development Program**

Dear Parent/Guardian,

On Monday May 16th, 2022, there will be a human development program presentation for the 5th and 6th grade students. This program discusses the onset of puberty and the importance of caring for your body. This program is designed to relate to the age and maturity of the students' age group. Boys and girls will be separated during the talks.

The presentation focuses on physical and emotional changes that occur during puberty. We will discuss the role of endocrine glands, anatomy changes, and good health habits. After the video has been shown there is an option for discussion where students may ask additional questions. Encouragement will be given to students to take additional discussion points home and visit with their parents.

The program that will be presented is the P&G School program. The video's shown are specific to physical changes per gender. You are welcome to view the video prior to the sessions. You can find them by searching the following: Always Changing and Growing up (Girl/Boys Puberty Program) published by Proctor and Gamble. **Sessions are as follows: BOYS presentation will be from 1:00 pm- 1:45 pm and GIRLS will be from 2:00 pm- 2:45 pm.**

No student will be permitted to attend the presentation unless a permission form is signed and returned to the classroom teacher by **FRIDAY May 13th, 2022**

If you should have any questions or concerns about the program, feel free to contact me via email: [kloeffelholz@pleasantonbulldogs.org](mailto:kloeffelholz@pleasantonbulldogs.org)

Respectfully,

Kami Loeffelholz, MSN, RN, School Nurse

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\_\_\_\_\_ (Student Name) **MAY / MAY NOT** (circle one) participate in the Growth and Development program and Pleasanton Public Schools

\_\_\_\_\_ (Parent/Guardian Signature)

\_\_\_\_\_ (Date)